



# UPLANDS ELEMENTARY SCHOOL MONTHLY PARENT NEWSLETTER SEPTEMBER, 2010

E-mail Address: [uplands@summer.com](mailto:uplands@summer.com) Web Site...Address: <http://sd67.bc.ca/schools/Uplands> Phone: 770-7678

## Bell Schedule



Morning Bell	8:50 a.m.
Classes Begin	8:53 a.m.
Recess	10:25 - 10:45 a.m.
Lunch	12:15 – 1:00 p.m.
Dismissal	2:45 p.m.
Kindergarten	8:50 a.m. to 2:45 p.m.

## Calendar At A Glance

Sept. 23 <sup>rd</sup>	- Grade 3 Bus Safety
Sept. 24 <sup>th</sup>	- Eric Wilson ( Author Visit)
Sept. 30 <sup>th</sup>	- Terry Fox Run and Assembly
Oct. 4 <sup>th</sup>	- Picture Day ( <b>Do NOT Wear Green</b> )
Oct. 5 <sup>th</sup>	- Picture Day for Mrs. Scotchburns Kindergarten Class ( <b>Do NOT Wear Green</b> )
Oct. 7 <sup>th</sup>	- Open House, Shakewood Annie 5:30 pm
Oct. 11 <sup>th</sup>	- Thanksgiving, Schools Closed
Oct. 20 <sup>th</sup>	- Naramata Run
Oct. 22 <sup>nd</sup>	- Professional Development Day Schools Closed
Oct. 27 <sup>th</sup>	- Canadiana Musical Theatre: <i>The Klondike Rag</i>
Oct. 29 <sup>th</sup>	- Monster Mash Assembly and Parade
Nov. 2-4 <sup>th</sup>	- Early Dismissal days for Parent/Teacher interviews (1:45 PM)
Nov. 10 <sup>th</sup>	- Remembrance Day Assembly
Nov. 11 <sup>th</sup>	- Remembrance Day Schools Closed
Nov. 12 <sup>th</sup>	- School Closure Day (No School)
Nov. 19 <sup>th</sup>	- Grade 5 Student Leadership Conference
Nov. 26 <sup>th</sup>	- Term 1 Report Cards sent home
Dec. 10 <sup>th</sup>	- Santa's Workshop
Dec. 16 <sup>th</sup>	- Winter Concert
Dec. 17 <sup>th</sup>	- Winter Sing-a-long
	- Last day of school, Winter Break begins
Jan. 4 <sup>th</sup>	- School back in session

## **Principal's Message:**

**WELCOME BACK!!** A warm Uplands **welcome** is extended to both our returning and new families to Uplands. We are looking forward to an exciting year of fun-filled activities and wonderful learning experiences. Students, staff and parents have all been working together to help get our school off to a positive start!! Teachers participated in a wide range of Professional Development activities from August 31<sup>st</sup> – September 3<sup>rd</sup>, which will continue to reflect in our students' learning!

Uplands mission is *for the staff supported by parents and the community to work together in a safe, secure environment to offer all students opportunities to:*

- ❖ *pursue excellence in all areas of the curriculum*
- ❖ *become responsible for their own choices*
- ❖ *develop knowledge, skills and attitudes necessary to succeed both independently and cooperatively*
- ❖ *become lifelong learners*

Uplands' core values are reflected in our SOAR acronym. "Uplands Students SOAR" is up on a bulletin board and on tickets students are actively earning. Division 2, grade 5 student leaders, performed both an informational and entertaining presentation about SOAR at our assembly on Friday, September, 17<sup>th</sup>. Ask your child what SOAR means ☺☺. The Student/Parent Handbook included in our planners contains valuable information about Uplands and our updated school calendar (attached) also has some very important dates. Please contact us if you have any questions or concerns. Thank-you for your continued cooperation and support.

### **STAFFING 2010/20111**

<b>Division</b>	<b>Teacher</b>	<b>Room No.</b>	<b>Grade</b>
1	Mrs. Linda Kantz	21	5
2	Mrs. Bonnett / Mrs. Johnston	26	5
3	Mrs. Michelle Swaren	18	4
4	Ms. Carrie Brome	16	3/4
5	Mrs. Janice MacIntyre	20	3
6	Ms Judy Street	6	3
7	Mrs. Buzikievich	7	2
8	Mrs. Alice Hancock	8	1/2
9	Ms Maryann McLean	9	1
10	Mrs. Brickenden Mon/Wed.	5	K
11	Mrs. Jody Scotchburn Tue/Thur.	5	K

<b>Principal</b>	<b>Mrs. Susan Johnston</b>
<b>Secretary</b>	<b>Ms Shelly Leiding</b>
<b>Library / Music</b>	<b>Mrs. Cyndie Salting</b>
<b>Special Ed.</b>	<b>Mrs. Kathie Bryce</b>
<b>Certified Education Assistant</b>	<b>Mrs. Debbie Gratton</b>
<b>Certified Education Assistant</b>	<b>Ms Wanda Berry</b>
<b>Certified Education Assistant</b>	<b>Mrs. Monica Schimmer</b>
<b>Certified Educational Assistant</b>	<b>Mrs. Laurie Hepso</b>
<b>Support Worker (Aboriginal Education)</b>	<b>Ms Jessica Crawford</b>
<b>Counsellor / Psychologist</b>	<b>Mr. Dave Kroschinsky</b>
<b>Speech/Lang</b>	<b>Ms Heather McMillan</b>
<b>Occupational Therapist</b>	<b>Ms Gayle Walford</b>
<b>Hearing Specialist</b>	<b>Ms Jill McCullum</b>
<b>Custodian</b>	<b>Mr. Brian Delorme</b>
<b>Custodian</b>	<b>Mr. Jim Perry</b>
<b>Library Clerk</b>	<b>Mrs. Sandy Woodford</b>

## DAYS OF INSTRUCTION 2010-2011

<b>SCHOOL DISTRICT NO. 67 (OKANAGAN SKAHA)</b> <b>2010-2011 LOCAL SCHOOL CALENDAR</b> FOR ALL SCHOOLS Approved by the Board of Education May 10, 2010	
Schools Open	Tuesday, September 7, 2010
Thanksgiving Day – schools closed	Monday, October 11, 2010
Professional Development Day – schools closed	Friday, October 22, 2010
Remembrance Day observance – schools closed	Thursday, November 11, 2010
**School Closure Day	Friday, November 12, 2010
Schools close for Winter Vacation	Friday, December 17, 2010 (last day of school)
Schools Reopen	Tuesday, January 4, 2011
Schools close for Spring Break and Teachers' Professional Development Days	Friday, March 18, 2011 (last day of school)
Schools Reopen	Monday, April 4, 2011
Good Friday – schools closed	Friday, April 22, 2011
Easter Monday – schools closed	Monday, April 25, 2011
Victoria Day – schools closed	Monday, May 23, 2011
Administrative Day (students not in attendance)	Thursday, June 30, 2011

**To: All parents of School District No. 67 (Okanagan Skaha)**

In order for students to be eligible for transportation services, they must qualify under the following guidelines:

- Grade K-3 must reside more than 4.0 km from their catchment area school
- Grade 4-12 must reside more than 4.8 km from their catchment area school

Over the past years, the School District has been able to provide some students with transportation even though they have not qualified under these guidelines. These students are classified as *Courtesy Riders*. Please be advised that from time to time the School District may be required to limit the number of courtesy riders on some bus routes.

Where bus transportation is not available for students residing more than 4.0 km away from the school, **special needs students only** may obtain a Transportation Assistance Application form from the child's school office. Please fill the form out and forward it to School District No. 67, Attention: Accounts Payable, 425 Jermyn Ave., Penticton, BC, V2A 1Z4 .

All applications for transportation assistance must be received by the School Board office by June 30<sup>th</sup> of the school year in which they pertain.

**Bus routes and times have changed please call Berry and Smith @ 492- 4042 for up to date information.**



### TIPS TO MAKE BACK TO SCHOOL SUCCESSFUL

Parents play a key role during the school year by keeping their children safe and healthy, Here are some ways to achieve this:

- ❖ Make sure your children eat breakfast every day so their minds have the fuel they need for school.
- ❖ Ensure your children's backpacks are no more than 10 to 20 per cent of their bodyweight and that your children use both shoulder straps.
- ❖ Make sure your children know safe routes to and from school. Start a Walking School Bus or Bicycle Train program in your neighbourhood.
- ❖ Schedule regular dental and any necessary medical check ups for your children




Students are often more successful in school when they develop good study habits early on. Parents can help their children study by:

- ❖ Setting up a homework area away from the TV and with adequate supplies and lighting.
- ❖ Letting your children see you reading and setting aside time each day to read as a family.
- ❖ Keeping an assignment calendar on the fridge or bulletin board for quick reference of due dates, exams and other activities.

### **SAFE ARRIVAL**

Please contact our office at 250-770-7678 to advise if your child is going to be away or late for school for any reason. Please feel free to leave a message on our answering machine before or after school hours. **We also ask that you do not send your child prior to 8:30 in the morning.** School District #67 does not provide supervision of students until 8:30 in the morning. All students are expected to leave the school grounds promptly by 3:00 pm unless they are accompanied by a parent or guardian.

### **SCHOOL MESSAGES**



The office is experiencing a large volume of calls asking for messages to be delivered to students. Although we endeavor to deliver them, emergent situations do arise in the office and the office staff may not be able to deliver these messages on time. Please ensure any change in your child's routine is recorded in the planner for the classroom teacher to monitor. Your assistance in this matter is greatly appreciated.

### **STUDENT PLANNERS**

Please use your child's planner to inform his/her teacher of important information regarding your child. If you are picking up your child early for doctor appointments or other activities or if there is a change in normal routine, we ask that you put a note in the planner☺. Thank you for your cooperation in this matter.

### **STUDENT PHONE**

Uplands PAC supports the student phone located in the main hallway. Students may use this phone in **emergent situations only by obtaining a permission slip from their teacher.** This phone is not to be used for making play dates or alternate transportation arrangements. Students are expected to make these arrangements the night before so parents and other care givers are aware of the changes to routines. A note in the planner to your child's teacher would be helpful as well.

### **OPEN HOUSE**

Uplands first Open House will be October 7<sup>th</sup>, from 5:30 – 7:30. Parents/Caregivers are welcome to go to their child's classroom from 5:30 – 6:00 to "meet the teacher"☺☺. This will be followed by a pizza supper and "Shakewood Annie" family dance. We will need some help with the pizza supper. If you are available (or older siblings☺) to help out that would be much appreciated. It will involve half hour shifts. Please contact Mrs. Johnston at 250-770-7678 if you can help out.



### **TERRY FOX RUN**

This year the Terry Fox Run will begin at 11:00 on Friday, Sept. 30<sup>th</sup> with an assembly followed by our run. Division 1, grade 5 student leaders, will be going class to class collecting donations from September 27<sup>th</sup> – 30<sup>th</sup> (a loonie has been the suggested donation). We look forward to a meaningful experience for our students and welcome families to join us!!

## SCHOOL ACTIVITY FEES

The school activity fee, including planner is \$10.00 per student. Cash or cheques payable to "Uplands Elementary School" should be sent directly to the classroom teacher.



## STUDENT PHOTO DAY

Individual student photos will be taken October 4<sup>th</sup>. Mrs. Scotchburn's Kindergarten will have photos taken on the morning of October 5<sup>th</sup>. Please ensure your child comes to school groomed on these dates. As in previous years the proofs and ordering information will be sent home 7 – 10 days after photo day. New this year parents will have a choice of backgrounds to choose from. Your child will be photographed on a green coloured background. Please **DO NOT** send your child in green.

## SCHOOL SPIRIT DAYS...Uplands T-Shirt Friday

School Spirit Days are every **Friday** at Uplands. Wear your school clothes or black or red to show your school spirit. Samples of school clothes and order forms are located in the general office. You may view anytime between 8:00 am and 3:30 pm.



## ONE TO ONE READING

If you are interested in volunteering to read with children during the day please contact Shannon Bull at 250-493-3105 or email at [shannonbull@shaw.ca](mailto:shannonbull@shaw.ca) Your commitment would be one hour per week for a 6 to 8 week commitment in our school.



## STUDENT ACCIDENT INSURANCE

### IAP Kids Plus™ Accident Insurance

Did you know that School District No. 67 (Okanagan Skaha) does not insure expenses for student injuries that happen on school grounds or during school activities? You are responsible for these expenses as a parent or guardian.

IAP Kids Plus™ Accident Insurance offers protection against the high costs of serious injury from unexpected accidents, and is especially valuable for families who:

- do not have medical or dental plans,
- have limited plans, as it may help supplement health and dental benefits, or
- have active children who enjoy sports and outdoor activities.

For your convenience, we have made arrangements for families to voluntarily purchase student accident insurance through the IAP Kids Plus™ Accident Insurance program, underwritten by Industrial Alliance Pacific Insurance and Financial Services Inc. ("IAP").

### Accidents can, and do, happen.

IAP Kids Plus™ Accident Insurance has a selection of plans to suit most budgets. Benefits include coverage for:

- The full school year (September to September), 24 hours a day, whether at school or at home;
- Expenses that are often limited or not covered by private or group insurance plans, or Provincial Health Insurance Plans - such as ambulance, physiotherapy, private tutoring, counselling, and much more;
- Injury-related dental treatment (including future dental treatment up to age 26);
- Out-of-province or country emergency medical expenses.

If you change address during the school year, your IAP Kids Plus™ Accident Insurance plan is transferable from school to school, anywhere in Canada.

Insurance premiums range from \$13.50 to \$31.95 per year, depending on the plan selected, and your child is covered all the time, not just while at school. A discounted premium is available for families with 3 or more children.

For more information or to apply online, please visit [www.iapkidsplus.com](http://www.iapkidsplus.com), or speak with an IAP Kids Plus™ Customer Service Representative at 1-800-556-7411.

## **PAC MAGAZINE SALES**

If you receive a renewal notice from the magazine that you purchased through our PAC fundraising – **PLEASE IGNORE THEM.** Our magazine fundraiser kicked off on Friday, September 17, 2010. Deadline for orders is September 30, 2010. If you have any questions please contact Jo-Anne Bettauer at [yanchen@shaw.ca](mailto:yanchen@shaw.ca) or Iris Say at 493-1922. Many thanks go out to Mrs. Bettauer and Mrs. Say for coordinating this fundraiser.

## **HOT LUNCH**

Our PAC hot lunch program will be getting underway soon. If you are interested in helping this year please contact Doris Tilley @ 250-493-3041. We are looking for more help to set up each Wednesday. Your commitment would be approximately 30 minutes every Wednesday morning.



## **PAC**

Meetings are held monthly in the school library. At these meetings decisions are made affecting your children, and your input is important. Many thanks to the following parents for stepping up to fill executive positions:

Michelle Glibbery – Secretary  
Simone Peters – Treasurer  
Doris Tilly and Debbie Giroux – Hot Lunch  
Shannon Bull – 1:1 Reading

We also thank the following parents for volunteering to be on our *school's planning council*:  
Shannon Bull, Iris Say, Katherine Pankiw-Arsenault

Thank-you, as well, to those parents who have volunteered to be class representatives. **We still need class representatives for the following Divisions: Div 2, Mrs. Bonnett; Div. 5, Mrs. MacIntyre; Div. 6, Ms Street; Div. 10 and 11 Kindergarten classes, and a volunteer or volunteers to Chair or Co-Chair our meetings.** Please contact 250-770-7678 if you are interested.

## **SOCCER AND CROSS COUNTRY RUNNING**

Cross country running is underway for the whole school on Mondays, Wednesdays and Fridays at 11:45. Our grades 3, 4, 5 cross country running team practices are on Tuesdays and Thursdays at 8:10 and our grade 4/5 soccer team practices are on Tuesdays and Thursdays at noon. Many thanks to our coaches Mrs. Hancock, Mrs. Scotchburn, Mrs. Johnston (cross country) and Mrs. Swaren, Mrs. Buzikievich (soccer).

## **NO SMOKING**

Please be reminded that the School District, under Ministry Direction, has adopted a "No Smoking Policy" on school grounds. This applies to all employees, parents, and students. We already have a "No Smoking Policy" that applies within the building itself. The new policy now includes anywhere on the school grounds, including our parking lot. Anything we can do to support a completely smoke-free environment is always to be encouraged.



## **ABORIGINAL EDUCATION PROGRAM**

School District No. 67 is pleased to offer a district wide Aboriginal Education Program for aboriginal students from K-12. Any students of aboriginal ancestry are eligible to participate in the program.

The purpose of the Aboriginal Education Program is to enhance academic achievement and to increase cultural learning opportunities for students.

One of our Aboriginal Enhancement Agreement goals is to increase the awareness of aboriginal history and culture by both the aboriginal and general population of students in schools across the district. We do this by offering school wide cultural events such as a District Pow Wow, Metis cultural performances, and aboriginal theatrical productions. In addition, we put on an annual

aboriginal cultural event called Building Cultural Bridges to teach elementary students about various aspects of aboriginal culture in Canada.

Aboriginal students who were in the Aboriginal Education Program in the 2009-2010 school year will continue to be in the program for this coming school year unless parents notify the school. New aboriginal students to the school will be given a consent form to fill out. Please complete and return the consent form to school as soon as possible.

If you are wondering if your child is eligible to participate in the Aboriginal Program, please contact Kathy Pierre the Ab Ed District Vice-Principal at 250-770-7674 (Work) or 250-462-0455 (cell) for more information.

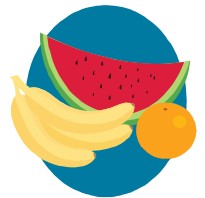
**COMMUNITIES FOR KIDS**

**Communities for Kids** is holding its 6<sup>th</sup> Annual Parenting Conference on **Saturday, October 23, 8:30 am to 4:00 pm at Parkway Elementary School in Penticton** and will offer the opportunity to learn new parenting skills, better understand your child, and meet and connect with other parents and caregivers. This exciting day-long conference offers a key note topic entitled "Laughing All the Way!" (How to laugh more with your kids and why it's so good for them) with Hugh McClelland, a choice of three workshops, information booths, door prizes, refreshments and lunch. The workshop topics include: *Story Building; Tantrums, Tears and Trials (How to make them the smallest part of your day); Parenting from the Heart – A Father's Perspective; Anger, Mistaken Behaviour and Your Child's Growth and Development; Mad Scientist; Early Literacy; Laugh Alive!; Kindermusik with Ms Bee; and Brain Gym.*

Registration fee of \$20 per person or \$30 per couple includes. For more information contact Lynn Cook at (250) 496-5511 or [communitiesforkids@telus.net](mailto:communitiesforkids@telus.net) or visit the website at [www.communitiesforkids.ca](http://www.communitiesforkids.ca)

**BC FRUIT AND VEGGIE PROGRAM**

The trucks are rolling bringing fruit and vegetable snacks to our school! Did you know that our school is participating in the BC School Fruit and Vegetable Nutritional Program?



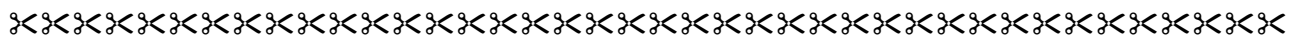
Students will receive a free snack. This snack is not meant to replace food normally consumed at recess or lunch. The goal is to increase fruit and vegetable consumption. Fruits and vegetables contain vitamins, minerals, phytochemicals, antioxidants and fibre that promote health and prevent disease. Studies show that Canadians in general are not eating enough fruits and vegetables. Eating one more fruit or vegetable a day can make a difference.

Get the school year off to a good start with healthy good tasting fresh fruits and vegetables. For back to school lunches:



- Pick freshly harvested BC fruits like apples, pears, plums, grapes and vegetables like carrot and celery sticks, cherry tomatoes, and colourful pepper slices.
- Wash fruits and vegetables before packing in lunch bags.
- Enjoy the great taste of local fruits and vegetables.

If you do not wish your child to participate in the program please fill out the attached form and return it to your classroom teacher as soon as possible.



I **do not** give permission for my child \_\_\_\_\_ in grade \_\_\_\_\_ to participate in the Fruit and Veggie program.

## UPLANDS' SCHOOL CALENDAR 2010 – 2011

September and October	Seasonal Sport: Soccer/Cross Country
September 7	First Day of School (9:00 A.M. – 12:00 P.M.)
September 15	First PAC Meeting @ 7:00
September 24	Eric Wilson (author visit: gr. 3 – 5, afternoon)
September 30	Terry Fox Run and assembly
October	Smart Learning Rounds
October 4	Pictures: (gr. 1 – 5 and M/W Kindergarten)
October 5	Pictures: (T/Th. Kindergarten)
October 6	Trout Creek Pumpkin Run
October 7	Open House/Shakewood Annie Dance/Pizza Dinner
October 11	Thanksgiving – Schools Closed
October 22	Professional Development Day – (schools closed)
October 27	Canadiana Musical Theatre: <i>The Klondike Rag</i>
October 28	Pumpkin Carving (evening)
October 29	Monster Mash and Parade
November and December	Seasonal Sport: Volleyball/Newcomb
November 2 – 4	Early Dismissal days for Parent/Teacher Interviews
November 2 – 4	Book Fair
November 10	Remembrance Day Assembly
November 11	Remembrance Day (schools closed)
November 12	School Closure Day
November 19	Grade 5 Student Leadership Conference
November 26	First Term Progress Reports
December 10	Santa's Workshop
December 16	Winter Concert
December 17	Winter Vacation Begins (last day of school)
January and February	Seasonal Sport: Basketball and Gr. 4/5 Open Gym
January 4	Schools Reopen
January 28	Spelling Bee/Read-In
February	Spellathon and SMART Learning Rounds
February 3	Ready, Set, Learn
February 7 – 11	Random Acts of Kindness Week
February 16	Parent/Teacher Interviews (Early Dismissal)
March and April	Seasonal Sport: Tennis, Gymnastics
March 18	Spring Break Begins – Second Term Progress Reports
April 4	Schools Reopen
April 21	Earth Day Assembly
April 22	Good Friday (schools closed)
April 25	Easter Monday (schools closed)
May and June	Seasonal Sport: Track & Field and Cross Country Running
May 13	Talent Show
May 23	Victoria Day (schools closed)
June 16	Uplands PAC BBQ
June 21	Volunteer Tea
June 24	Fun Day
June 28	Grade 5 Farewell Ceremony
June 29	Last day of School (students are dismissed at noon)
	Third Term/Final Progress Reports



# UPLANDS ELEMENTARY SEPTEMBER 2010



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	SEASONAL SPORT IS CROSS COUNTRY RUNNING PLEASE HAVE PROPER FOOT GEAR AT SCHOOL.					
5	6	7	8	9	10 Cross Country Running 11:45 am	11
12	13 Cross Country Running 11:45 am	14 X-Country Team Practice 8:10 am	15 PAC Meeting 7:00 pm in the Library Cross Country Running 11:45 am	16 X-Country Team Practice 8:10 am	17 Cross Country Running 11:45 am	18
19	20 Cross Country Running 11:45 am	21 X-Country Team Practice 8:10 am	22 Cross Country Running 11:45 am	23 X-Country Team Practice 8:10 am  Gr. 3 Bus Safety @ 9:15	24 Cross Country Running 11:45 am Author Eric Wilson visits	25
26	27 Cross Country Running 11:45 am	28 X-Country Team Practice 8:10 am	29 Cross Country Running 11:45 am	30 Terry Fox Run and Assembly		

**SAFE ARRIVAL 250 - 770 - 7678**


**Students arriving after 8:53 am must check in at the office! Thank you**



# UPLANDS ELEMENTARY

## October 2010



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 	4 Picture Day	5 Mrs. Scotchburns Kindergarten class picture day	6 Running 11:45 am	7 Shakewood Annie, Pizza Dinner	8 Cross Country Running 11:45 am	9
10	11 Thanksgiving No School	12	13 PAC Meeting 7:00 pm in the Library Cross Country Running 11:45 am	14	15 Cross Country Running 11:45 am	16
17	18 Cross Country Running 11:45 am	19	20 Cross Country Running 11:45 am Naramata Run	21	22 Professional Development Day No School	23
24/31	25 Cross Country Running 11:45 am	26	27 The Klondike Rag Presentation Cross Country Running 11:45 am	28 PAC sponsored Pumpkin Carving	29 Monster Mash and Parade 1:15 pm.	30

**SAFE ARRIVAL 250 - 770 - 7678**

**Students arriving after 8:53 am must check in at the office! Thank you**